

EMOTIONAL INTELLIGENCE TRAINER AND COACH

Become a successful emotional intelligence
trainer and coach



We are thrilled to be
recognized by
ETHR FUTURE SKILLS AWARDS



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BEST L&D CONSULTANT AWARD
ETHR world future skill
awards 2026



www.protouchpro.com

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About Protouch

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Protouch is an ETHR Award-winning Learning & Development organization dedicated to helping professionals fast-track their career growth and enabling organizations to build future-ready talent. Through globally recognized certification programs, corporate training, coaching, consulting, and workshops, we empower individuals with practical, industry-relevant skills that drive measurable career and business outcomes. As an ISO 9001:2015 Certified company, Protouch is committed to delivering high-quality learning experiences that create lasting impact for both professionals and organizations.

- Accredited by SHRM, HRCI, CPD, ICF & IABAC
- 10,000+ Professionals Trained & Certified
- Trusted by 250+ Organizations



- Strong Alumni Network Across Industries
- Expert Faculty with Industry Experience
- 3,000+ Positive Google Reviews



Dr. Aparna Sethi is a globally recognized HR leader, corporate trainer, author, and Founder of Protouch Professional Training. With expertise in HR, Learning & Development, Diversity & Inclusion, and Leadership Development, she has empowered 50,000+ professionals and helped organizations build inclusive, high-performing workplaces.

An author of three books on Diversity & Inclusion, she specializes in Emotional Intelligence, POSH, Coaching, and Talent Development. Through Protouch, she delivers impactful learning solutions that strengthen employee capability, workplace culture, and future-ready leadership.

Dr. Aparna Sethi

Protouch Founder





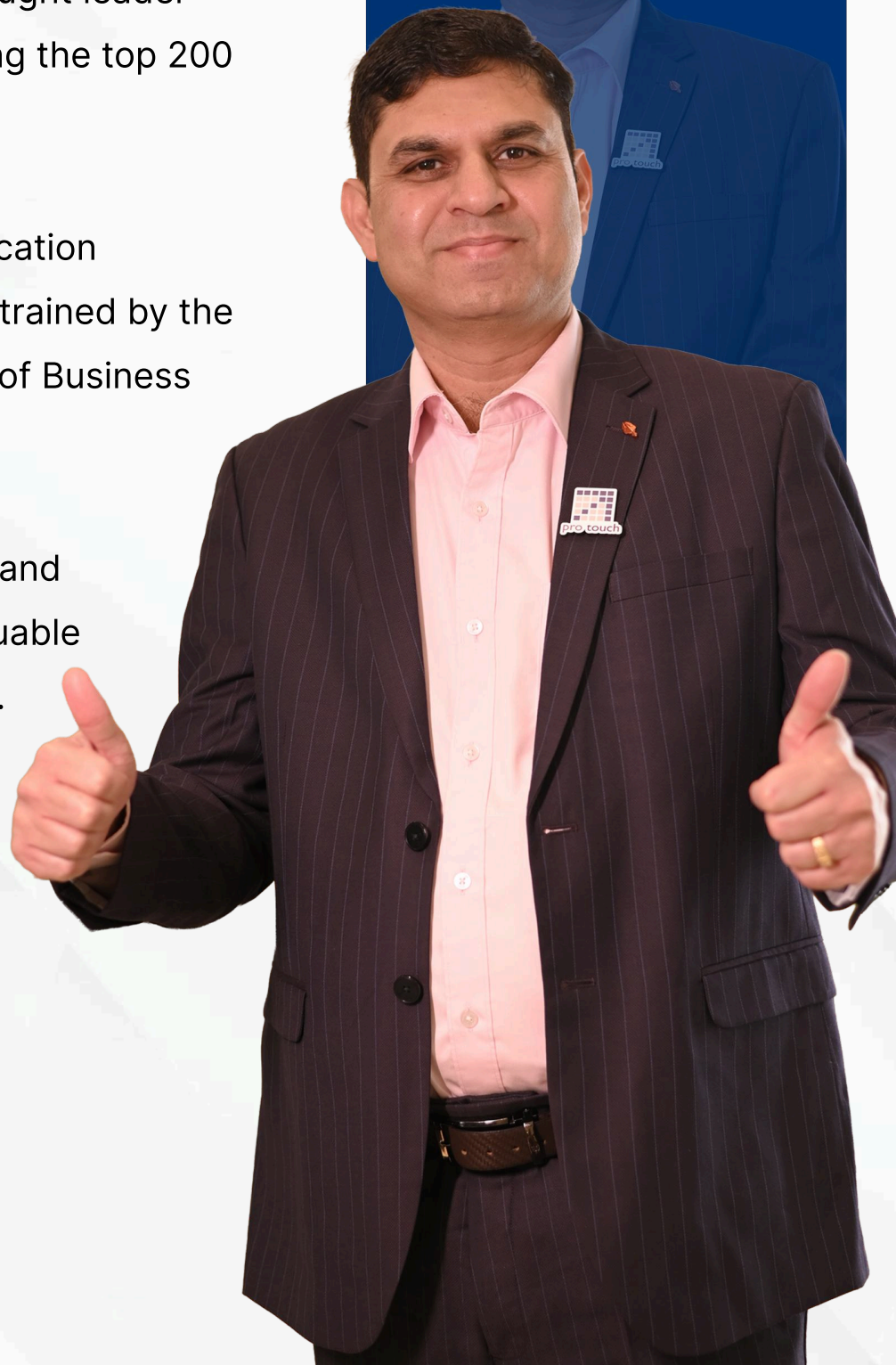
Rahul Sethi is a corporate professional with over 25 years of experience. He is a globally recognized thought leader and has been listed among the top 200 in his field.

He is an awardee for education excellence and has been trained by the International Association of Business Analytics.

His wealth of experience and expertise make him a valuable asset to any organization.

Rahul Sethi

Protouch CEO | Director



RECOGNITIONS



Protouch an **ETHR Award-winning** organization, is recognized as one of the 10 Best Startups in Corporate Training, Education Excellence Award and Indian Achievers' Award for Training Excellence among many others. These awards emphasize the exceptional accomplishments of the company and its noteworthy contributions to the enhancement of executive education and training.

why

Certification Matters

Develop the skills to help individuals and organizations improve leadership, communication, resilience, and workplace effectiveness.

1 Why Emotional Intelligence Skills Are In Demand



Leadership Success

Organizations increasingly seek leaders who can inspire, engage, and manage teams through emotional intelligence



Workplace Collaboration

EI helps professionals build stronger relationships, resolve conflicts, and foster teamwork.



Future-Ready Skill

The World Economic Forum identifies emotional intelligence among the most critical skills for workplace success.



Employee Engagement

Emotionally intelligent leaders create positive workplace cultures that improve retention and productivity.

3 Career Opportunities



**Emotional
Intelligence
Coach**



**Executive
Coach**



**Corporate
Trainer**



**Learning & Development
Specialist**



**Organizational
Development
Consultant**



**Leadership
Development
Facilitator**



**Employee
Engagement
Consultant**



**Independent
Coaching
Practitioner**

Global Recognition & Industry Credibility

INTERNATIONAL RECOGNITION



SHRM RECOGNITION

Protouch is recognized by SHRM to offer professional Development Credits (PDCs) for SHRM-CP or SHRM-SCP



HRCI RECOGNITION

Meets recertification credit standards
Demonstrates commitment to professional excellence
Recognized by HR professionals worldwide



CPD ACCREDITATION

Supports lifelong learning and skill development
Enhances professional credibility
Recognized across multiple industries and countries

BENEFITS OF INTERNATIONAL RECOGNITION



90% of Top Performers Demonstrate High Emotional Intelligence

Research by TalentSmart found that emotional intelligence is a key differentiator of workplace success.



Preferred for Leadership Development

Organizations increasingly invest in EI-based leadership and people development programs.



Enhanced Professional Credibility

Globally recognized certifications strengthen professional profiles and increase marketability.



Greater Career Opportunities

Certification creates opportunities in corporate training, coaching, consulting, leadership development, and employee engagement.

About the Programme

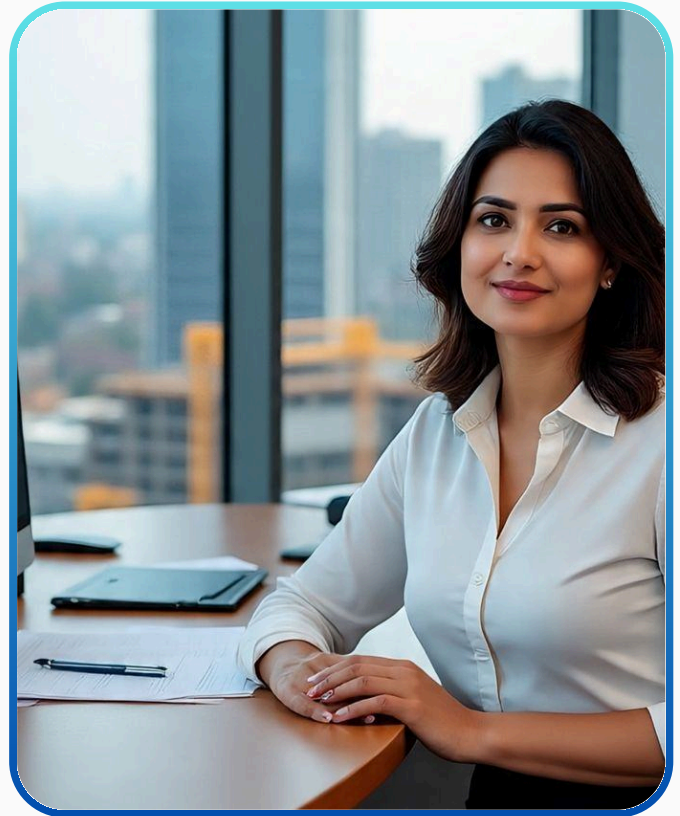
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By the successful completion of the program, participants will be able to:

- **Conduct Emotional Intelligence**

Workshops: As a certified emotional intelligence trainers, participants can design and deliver workshops focused on developing emotional intelligence skills in individuals and groups.

- **Train and Mentor Others:** With your certification, you can train and mentor aspiring emotional intelligence trainers. You can share your expertise and guide others to become effective trainers in this field.



- **Offer Consulting Services as Mentor and Coach:** As a certified emotional intelligence trainer, participants can establish their own consultancy or work with existing consulting firms, offering their expertise to businesses and individuals seeking to improve emotional intelligence.

Who Should Attend

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01

New Potential Trainers
(freelance and/or corporate)

02

Corporate Trainers

03

Experienced trainers who want to
enhance their skills

04

Professional trainers who want to get
certified by PROTOUCH

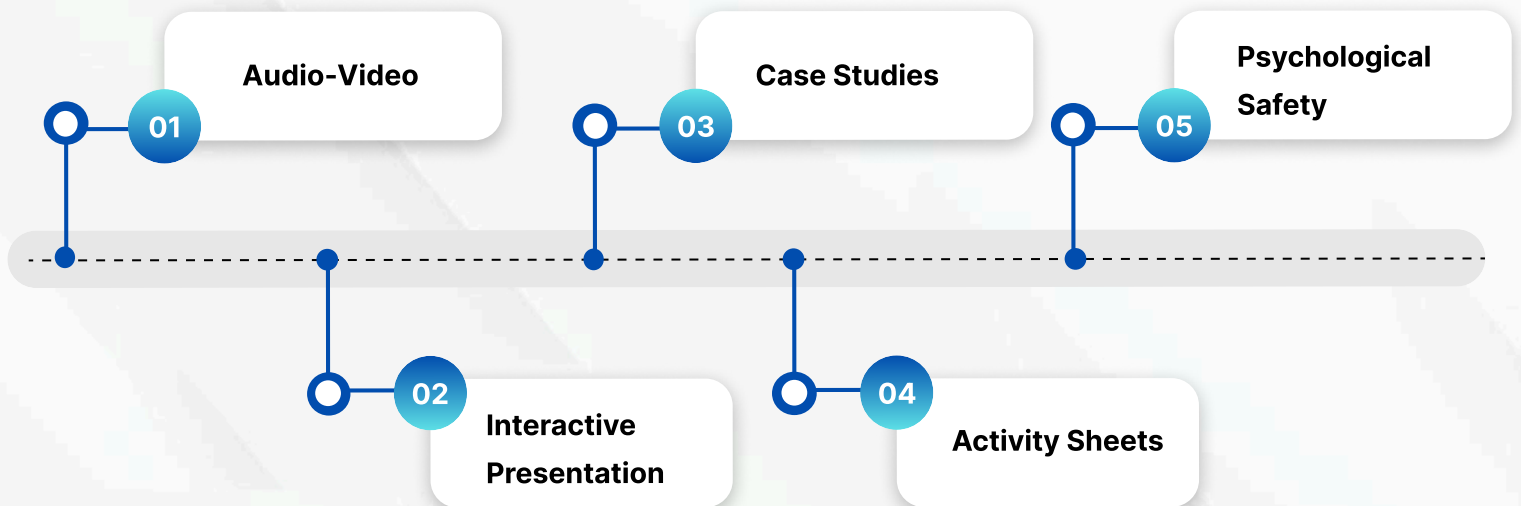
05

Anyone who wants to use EI in their
personal and professional life



Training Methodology

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Study Material:

Pre-preparation Online Module Workbook, PowerPoint presentation, Videos, Templates and Training Activity Sheets

Module Plan

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Duration: 6 Weeks/ 1.5 Months



01

INTRODUCTION TO EMOTIONAL INTELLIGENCE (EI)

- EI Training and coaching market
- EI Training and coaching Objectives
- Understanding of EI
- The five components of EI
- Benefits of developing EI for individuals and organizations
- Various activities to deliver effective EI training and coaching

02

SELF-AWARENESS

- Enhancing self-awareness: Recognizing emotions, triggers, and behavioural patterns
- Strategies for Enhancing Self Awareness
- Applying Self-Awareness in Real Life
- Various activities to deliver effective EI training and coaching



03

SELF-MANAGEMENT

- Understand the concept of self management within EI.
- Learn strategies and techniques to enhance self-management skills.
- Apply self-management techniques to improve personal and professional life.
- Various activities to deliver practical EI training and coaching



04

SELF MOTIVATION

- Explore the role of self motivation in EI.
- Intrinsic and Extrinsic Motivation
- Techniques for Sustaining Self Motivation
- Various activities to deliver effective EI training and coaching



Module

Plan

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05 EMPATHY

- The empathy-building process
- Ear to hear
- Developing emotional intelligence to enhance empathy
- Various activities to deliver effective EI training and coaching

06 SOCIAL SKILLS

- Types of social skills
- The role of social skills in teamwork and leadership
- Conflict resolution techniques
- Various activities to deliver practical EI training and coaching



07 EMOTIONAL INTELLIGENCE ASSESSMENT TOOLS

- Introduction to various emotional intelligence assessment tools
- Administering and interpreting emotional intelligence assessments
- Using assessment results to design personalized development plans
- Various activities to deliver effective EI training and coaching



08 EMOTIONAL INTELLIGENCE TRAINING AND FACILITATION

- Principles of effective training and coaching design for emotional intelligence development
- Structuring and delivering emotional intelligence workshops and coaching sessions
- Practice facilitation and coaching



Protouch Advantage

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1

10,000 + CERTIFIED
TRAINERS



2

300 + CORPORATE
CLIENTS



3

EI RELATED CONTENT



4

READYMADE TEMPLATES
REQUIRED FOR
TRAINERS



5

150 + EMOTIONAL
INTELLIGENCE PROGRAMS
CONDUCTED



6

4 INTERNATIONAL
CERTIFICATIONS CPD, SHRM,
HRCI AND ISO CERTIFICATION

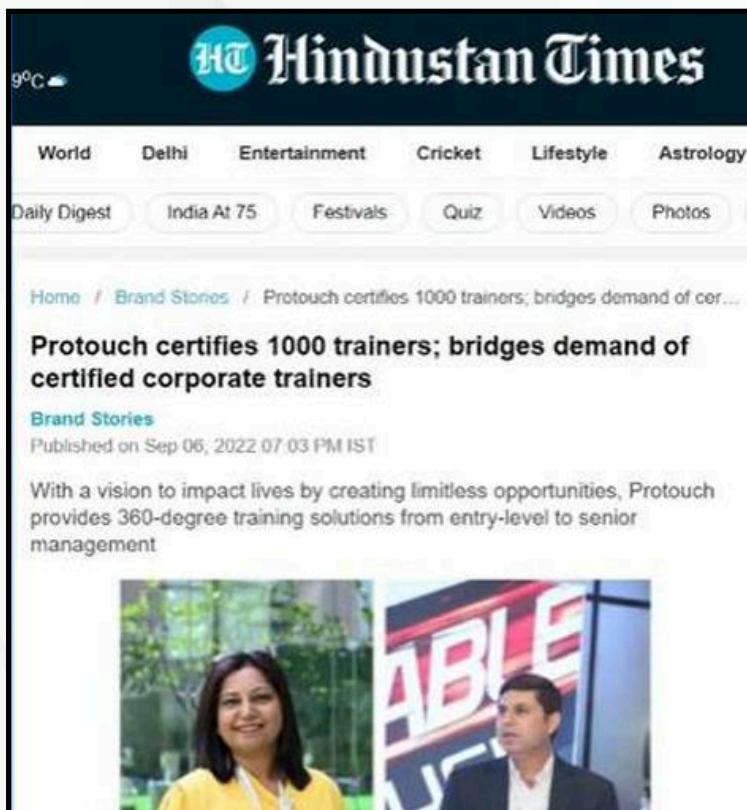
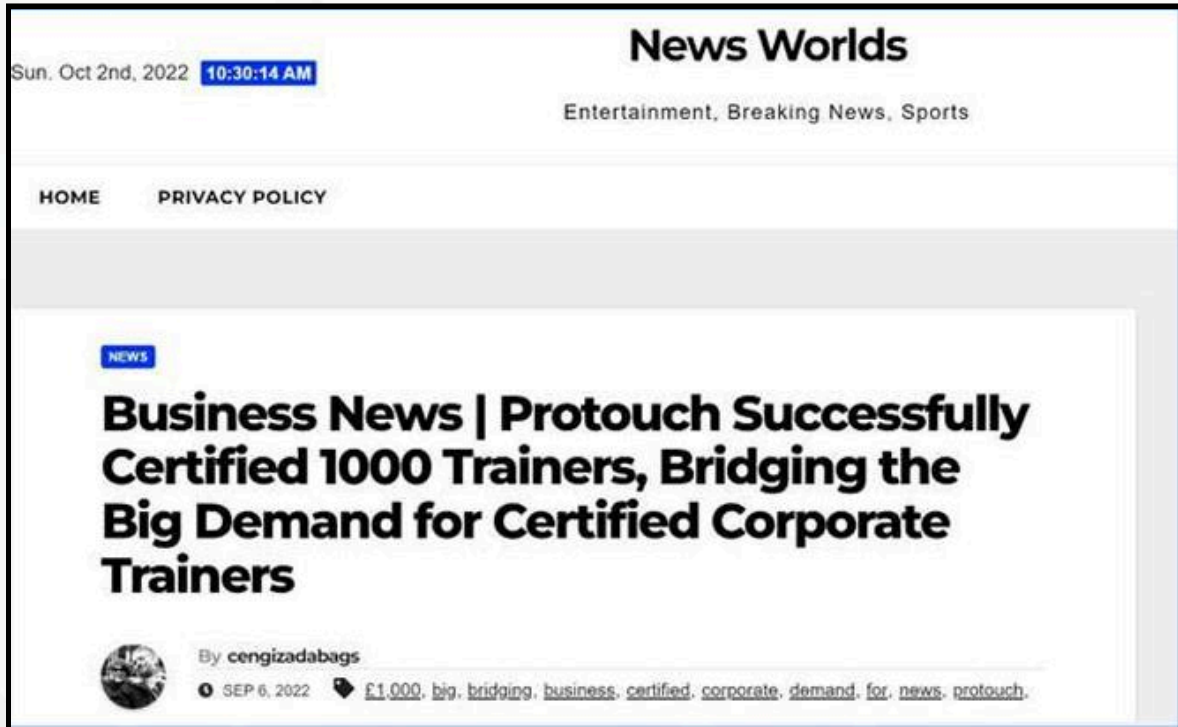


Earn Globally Recognized Certificates



**Become a Certified Emotional Intelligence
Train the Trainer**

Media Coverage



Real People Real Opportunities

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We Don't Assure Opportunities. But We Create Possibilities.

Protouch Esteemed Clients



Client Experience

.....



Mohit Punjabi



The **Emotional Intelligence (EI) Trainer and Coach Certification** with Protouch was a truly **transformative experience**. The program was practical, engaging, and focused on **self-awareness, emotional regulation, and personal growth**. The supportive trainers and experiential learning approach significantly enhanced my emotional clarity and coaching skills. Highly recommended for anyone looking to develop impactful coaching capabilities.



Shoma Banerjee



Had the **best experiences with Protouch**. **Dr. Aparna**, including other trainers, were exceptional. The training was a **transformational experience**. Apart from the **EI training**, we even got **insightful life lessons** and best **career practices**.

Aastha from admin was equally **helpful and prompt** in helping me with my queries and gave me enough time to clear my doubts.

Thanks everyone. **Looking forward to doing many more certifications.**



Jyon AJAY



I'm genuinely grateful for this **Emotional Intelligence Certification course**. It has been a **deeply enriching experience**—not just intellectually, but personally as well. I truly enjoyed every part of the **learning journey**. The **program was thoughtful**, the **concepts were clear**, and the **space felt safe enough to reflect**, question, and **grow**.

What I value the most is the abundance of **practical tools and techniques** I've gained. They are not just **theoretical ideas** but powerful frameworks I can confidently integrate into my own **coaching practice**.

This course has **strengthened my ability** to understand **emotional patterns**, lead with empathy, enhance self-awareness, and create meaningful impact in the lives I touch. I'm **excited to continue this journey** and feel more **equipped and aligned in the work I do**.

Certification Programmes



Self Pace Programmes





8800005599



info@protouch.services



www.protouchpro .com



**Protouch, 1st Floor, Incuspaze, 103
Udyog Vihar Phase 1, Gurgaon,
Haryana, India - 122001**



pro touch

